



# Pacific Heights Community News

September 2009 Edition (published August 26, 2009)

## PRESIDENT'S MESSAGE

September is here and there is much to do before the snow flies. Things like registration for another school year, sign up for fall indoor programs and the Annual General Meeting (AGM) of the Pacific Heights Community Association.

With the new school year comes the need to reduce speed in school zones and keep your eyes open for kids. The push has been made to get the crosswalk upgraded with flashing lights by start or just after start of the school year. This has become personal cause, as my daughter almost fell victim to a driver not paying attention to the crosswalk.

As for Fall Indoor Programs, September 10th and 14th are sign up nights. Please read the revised program list in this newsletter, as it has significant changes from what was posted in the Leisure Guide.

Finally the AGM is booked for October 13th, at Lester B. Pearson School library. Aside from some votes on new processes, there will be several Executive and Task Force openings to fill, all of which are necessary to run a proper association. Several positions are available such as Vice President, Newsletter Editor, Indoor Programs Coordinator, Citizens-on-Patrol Coordinator, Soccer Coordinator, and Baseball Coordinator. Folks, we, the Community, need your help to fill these positions.

Last, but not least, I would like to welcome the new residents to our community. Some have escaped tyranny and war to find a peaceful place to live. We hope you thrive and can share your cultures with us.

Have a safe and good autumn.

Victor Marsollier



### UPCOMING EVENTS

Sept 8, 2009 - PHCA Executive Meeting  
Sept 10 & 14, 2009 - Program Registration  
Oct 13, 2009 - Annual General Meeting



### **CHECK OUT THE PHCA WEBSITE!!**

Go to **[www.pacificheights.ca](http://www.pacificheights.ca)** to see all the latest information in the community. Newsletters, events, pictures and more!

Give us your suggestions, or just read the latest news from the PHCA!



## **PACIFIC HEIGHTS COMMUNITY ASSOCIATION - FALL 2009 PROGRAMS**

*Registration is Thursday, September 10, & Monday, September 14, 2009, from 7:30-8:30 p.m. at Lester B. Pearson School (**Main Entrance**), 3620 Centennial Drive.*

*Membership fee of \$10.00 individual or family per year is required to participate in programs. Pacific Heights Community Association honours other community association memberships.*

### **ADULT**

Co-ed Floor Hockey	18 yrs & over	Lester B. Pearson School-Lg Gym	08:45 PM-10:15 PM	Tu	Sep 22-Dec 08	\$20.00
Smart Start Yoga	18 yrs & over	Lester B. Pearson School-Sm Gym	06:30 PM-07:30 PM	Tu	Sep 22-Dec 08	\$40.00

### **CHILDREN/YOUTH**

Parent and Child Yoga	Adults & children 7 and up	*** Limited Spaces --	8 adult and 8 children			
	Lester B. Pearson School-Sm Gym		07:30 PM-08:30 PM	Th	Sep 24-Nov 26	\$40+\$10/ch
Babysitting Course	12-15 yrs	Father Vachon School-Library	01:00 PM-05:00 PM	Sa/Su	Oct 24-Oct 25	\$35.00
Fun with Arts & Crafts	6-9 yrs	Lester B. Pearson School-Sm Gym	06:30 PM-07:30 PM	Mo	Sep 21-Nov 30	\$35.00
Variety Sports	10-14 yrs	Lester B. Pearson School-Lg Gym	08:00 PM-09:00 PM	Th	Sep 24-Nov 26	\$15.00
Variety Sports	7-9 yrs	Lester B. Pearson School-Lg Gym	06:55 PM-07:55 PM	Th	Sep 24-Nov 26	\$15.00

### **PRESCHOOL**

Move to the Music (Parent Assisted)	2-3 yrs	Lester B. Pearson School-Sm Gym	06:30 PM-07:15 PM	Th	Sep 24-Nov 26	\$15.00
Soccer (Parent Assisted)	4-6 yrs	Lester B. Pearson School-Lg Gym	05:45 PM-06:30 PM	Th	Sep 24-Nov 26	\$15.00

*Pacific Heights Community Association is always concerned that some children (Pacific Heights residents) may be unable to participate due to financial reasons. If you know of a child in this situation, we may be able to assist.*

*Visit our website at [www.pacificheights.ca](http://www.pacificheights.ca) for up-to-date program information or for general information about Pacific Heights.*



**HEADS UP! Every 4 days a pedestrian is injured or killed on Saskatoon streets**

Stay safe on Saskatoon streets by practising these important traffic safety tips:

**Pedestrians:**

- Cross only at intersections -- at controlled intersections, obey the "walk" and "don't walk" signals.
- Give motorists enough time to stop before crossing.
- Always walk on the sidewalk, or the left shoulder of the road, facing traffic.
- Never wear earphones, talk on the phone, or text-message while crossing the street.

**Motorists:**

- Be aware of pedestrians crossing at intersections – pedestrians may be hidden by another vehicle.
- Yield the right of way to pedestrians.
- Stop before the crosswalk.
- Always shoulder-check and use your signal light.

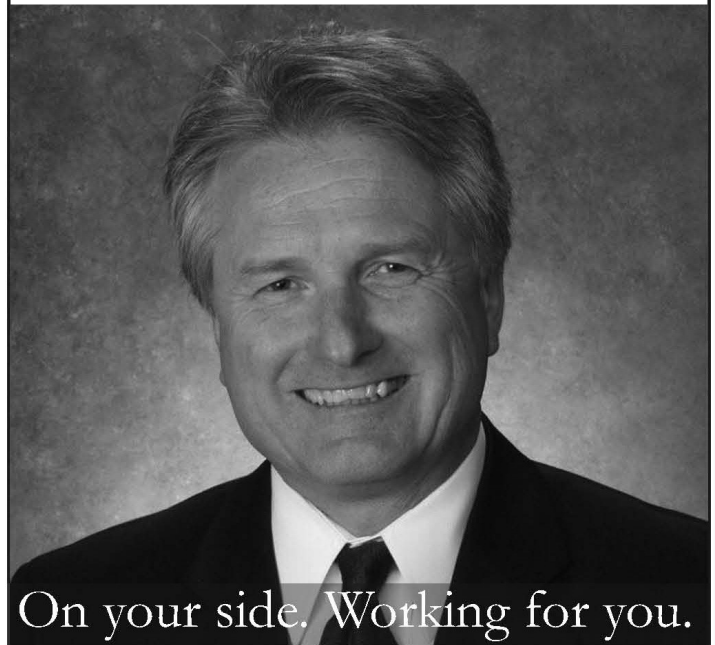
**Cyclists:**

- Cyclists must obey the same rules of the road as motorists.
- Pay attention to motorists traveling around you.
- Use hand signals.
- Wear a helmet.

**Pay Attention – Keep Your HEADS UP!**

# Andy Iwanchuk

MLA for Saskatoon Fairview



*On your side. Working for you.*

16-15 Worobetz Pl. Phone: 651-3801 Fax: 651-3804  
[andyiwanchukmla@sasktel.net](mailto:andyiwanchukmla@sasktel.net)

## Sharrows Helping to Make Downtown Saskatoon Bicycle Friendly



Downtown Saskatoon is becoming bicycle friendly with the implementation of sharrows on downtown streets.

Sharrows appear on roadway lanes and guide cyclists as to where they should ride. They also let motorists know they must share the lane with cyclists and keep a safe distance when passing.

The use of sharrows does not mean the rules of the road have changed. "Sharrows simply remind cyclists and motorists they need to share the lane," says Jamison Gillert, City of Saskatoon Project Coordinator.

Sharrows appear in the centre of narrow lanes, and cyclists and motorists travel in a straight line. In wide lanes, the sharrow is to the right of the lane, and cyclists and motorists travel beside each other. Exclusive lanes are for cyclists only.

Over 5,000 residents, almost 2.5% of the population, commute to work by bicycle every day, making Saskatoon second only to Victoria in Canadian per capita rates of commuter cycling. The City hopes sharrows will encourage even more people to commute by bicycle.

For more information, visit: [www.saskatoon.ca](http://www.saskatoon.ca).

## JOIN US AT THE NEW **SHAW** CENTRE



### The Shaw Centre includes:

- 10-lane high performance competitive pool
- 6-lane warm-up pool
- Family pool with waterslide
- Adult and family hot tubs
- 2-level fitness centre
- 3-lane walking track
- 2 community gymnasiums
- Cafeteria
- Child minding room
- Multi-purpose room
- Meeting Rooms



City of  
**Saskatoon**

### Community Open House

**Shaw Centre • 122 Bowlt Cres.  
Saturday, Sept. 26th • 10:00 a.m. to 4:00 p.m.**

Come out and celebrate Shaw Centre's Grand Opening! Swim in the leisure pool, take in a special pool presentation, try out a fitness class, walk around the track and enjoy some of the activities planned throughout the day.

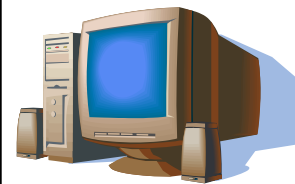
**Admission:** Donation to the Canadian Athletes Now Fund (CAN Fund)

**Note:** In order to manage pool capacity and ensure safety for all patrons during the Community Open House, wristbands will be required for the Public Swimming Sessions. Wristbands will be available free of charge starting September 1 at any of the 6 City of Saskatoon Leisure Centres. Pick up yours in advance to avoid disappointment!

For more information on the new Shaw Centre or the Community Open House, visit [www.saskatoon.ca](http://www.saskatoon.ca) (look under 'S' for Shaw Centre) or call 975-7744.



### COMPUTER SERVICE!



- Computer repairs
- Computer builds
- New and Used
- Computer Parts
- Computer service
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- Virus repair
- Data backups
- Software
- Hardware
- Networking
- In Home Service

**Call Mark at 382-3644**

## Saskatoon Sports Council Equipment Drive



Each year the Saskatoon Sports Council runs its annual Sports Equipment Drive, this year the 18<sup>th</sup> Annual drive will be held Sept 15 – Oct 15<sup>th</sup>, 2009. If you are wishing to donate items donation barrels will be placed at all Saskatoon Civic Leisure Centres, Civic Hockey Arena's and Olympian Sports and Al Anderson's Source for Sports.

Prior to the sports seasons starting we would like to hand out the current equipment that we have on hand that has been donated. If you would like to receive some of this equipment please call Heather at 975-0871 to arrange a time to pick up the equipment.

We also have some brand new hockey equipment that the Sports Council is selling at a reduced rate to the public. Some of these items include top of the line hockey sticks (CCM, Easton JR Z-Carb etc), Hockey Blades and Shafts, Gloves, Shin Pads, Shoulder Pads, Skate Guards, etc. Please contact the Sports Council office if you would like to view or purchase some of this equipment – 975-0871. All money raised will go towards increasing sports programs currently offered by the Sports Council for at risk youth.

# Thinking of Travel? Think Co-op Travel!

Co-op Travel has the expertise to assist you in planning your trip, whether it's for business or just for fun.

1624 - 33rd Street West,  
Saskatoon, Saskatchewan  
S7L 0X3 Canada

Business: (306) 933-3826  
Toll-Free: 1-800-419-4512  
Fax: (306) 933-3828

~~All~~ All travel purchases are eligible for  
Co-op Equity and Cash-Back.



## VOICE LESSONS

"Learn how to sing"

Please contact Shelley Parent  
122 Langevin Crescent  
(Pacifi Heights)

Phone: 931-4863

E-mail: shellemusic@sasktel.net

Three great events for the whole family at:



3710 Diefenbaker Drive \* call 384.6522

## IMPACT NIGHT

Good Times for the whole family beginning

Wednesday  
September 9<sup>th</sup>  
6:30 to 8 pm  
"Family Fun Night"

Astro-Jump

marshmallows

snacks

crafts

hot dogs

face painting



See you  
there!!



Sign up children age 4 to grade 6 for two action packed programs on Wednesday nights. Only \$20/child for the year.



September 17th @ 7 pm

Featuring Australian Speaker Rod Walsh as he tours across the Prairies with an amazing scale model replica of Noah's Ark.

## CARE and SHARE Clothing give-away

Saturday

September 26<sup>th</sup>  
10 am to 1 pm



Fall & Winter fashions for:

\* Infants \* Children \* Teens \* Adults  
- voluntary silver collection at the door -

## YOUR PHCA EXECUTIVE MEMBERS ARE:

### COMMUNITY ASSOCIATION EXECUTIVE:

President - Victor Marsollier (978-3964)  
1st Vice President - Andre Moss (978-0359)  
2nd Vice President - **OPEN**  
Past President - Terry Stribbell  
Treasurer - Daryl Campbell (978-1137)  
Secretary - Tannis Beattie (242-7936)  
Member at Large - Liz Nahorney  
Member at Large - **OPEN**

### TASK FORCE LEADERS:

Fun Night Coordinator - Irene Schwalm (382-9101)  
L.B.P. School - **OPEN**  
Father Vachon - Liz Nahorney  
Softball - **OPEN**  
Indoor Programs Coordinator - Victor Marsollier (978-3964)  
Indoor Programs Coordinator - Lydia Moss (978-0359)  
Rink Coordinator - Daryl Campbell (978-1137)  
Soccer Coordinator - **OPEN**  
Social Coordinator - **OPEN**  
Area Rec Consultant - David Godwin (975-3379)  
Citizens On Patrol Coordinator - **OPEN**  
Newsletter/Media - Greg Schwalm (382-9101)  
Newsletter EMAIL - newsletter@pacifichheights.ca

[www.pacifichheights.ca](http://www.pacifichheights.ca)

## **Advertise With Us!**

Place an ad with the PHCA News! Newsletter ad rates are \$25 for a business card size ad, with larger ads available (see [www.pacifichheights.ca](http://www.pacifichheights.ca) for details)

For more information, email us at newsletter@pacifichheights.ca



NON-PROFIT **HR SUMMIT** Saskatchewan

save the date **10.01.09**

TCU Place - Saskatoon  
October 1, 2009  
10 a.m. to 4 p.m.

Agenda to follow and registration to open in August.



HR Council  
for the  
Voluntary & Non-profit Sector



**Speed Skating!**  
*Saskatchewan's other winter sport.  
Don't be left behind.*



**Registration:** Learn to Skate and  
Speed Skating Programs.

Tues., Sept. 1<sup>st</sup>, 2009, 6:00 – 8:00 pm  
Clarence Downey Speed Skating Oval,  
11th Street & Avenue R South (in Gordon Howe Complex)

**Saskatoon Lions Speed Skating Club**

More info: [www.slssc.ca](http://www.slssc.ca), or Rick or Dianne Marsh 343-7993



**Pacific Heights Community News**

Next Newsletter: December 2009

Deadline: November 15, 2009

Submissions can be sent to:

Greg Schwalm - Newsletter/Media

Email: newsletter@pacifichheights.ca

The PHCA Newsletter is issued 4 times a year

