



What's happening?

Do you follow us on Facebook? It is the best way to get quick updates on upcoming events and programs.

Kensington & Pacific Heights Garage Sale

Friday May 25 & Saturday May 26

Email info@pacificeights.ca, and we will put your address on the interactive map to help promote your Garage Sale!



Community Clean Up

Saturday, June 9th
9:00 am—2:00 pm

Come to Lester B Pearson school parking lot to grab a garbage bag and garbage picker. The areas around our volunteers homes' will be priority. We can only clean as much as volunteers are able to help. The more the better!

Once you have participated and helped clean up the neighborhood, we would be happy to take your garage for you!

If you are elderly and need a helping hand, let us know and we are happy to help!



Adult Outdoor Bootcamp

May 1— June 26

If you weren't able to sign up, it's not too late for the \$7 Drop In option!

Tues @ 6:15 -7:15pm

In the park, behind the parking lot at Lester B Pearson

A variety of modified options are provided for a fun and challenging workout for everyone!

We're Recruiting Someone Like You!

There is plenty of opportunities to help out in the community with events, indoor programs, newsletters, website, and more! Please email info@pacificeights.ca if you're interested!

To contact us, email info@pacificeights.ca, or message us on Facebook!