



Movie Night!



Come join us at movie night on Friday, February 16th .

Check out the website to see the time and movie we will be playing.
www.pacificheights.ca

Looking for volunteers! Email us at info@pacificheights.ca if you're interested.

Outdoor Rink is Now Open!

- Located behind Lester B Pearson school
- Light on daily until 10pm, no skating after dark.
- Skate at your own risk, helmets recommended.
- Public skating on Tuesdays 4:30—6:30 pm, Thursdays 4:30—6:30 pm, Saturdays from 2-4:30pm. No sticks allowed during public skating times.
- Rink is maintained by community volunteers, whom are always looking for additional help.
- Contact us via rink@pacificheights.ca for any questions you may have.

Winter Programs

@ Lester B Pearson School

All classes have a max number of participants

Sign up is January 9th 6:30—8pm

@ Lester B Pearson

Yoga (ages 18+)

Mondays 7-8pm from Jan 15—Mar 26
\$40

Yoga (Ages 18+)

Thursdays 7-8pm from Jan 18—Mar 29
\$50

Basketball (9-13 yrs)

Thursdays 6:15—7pm from Jan 18—Mar 29
Free

Floor Hockey (6-9 yrs)

Thurs 7—7:45pm from Jan 18—Mar 29
\$20

Hip Hop (6-8 yrs)

Tuesdays 6-6:45 pm from Jan 16—Mar 27
\$30

Kinder Soccer (3-4 yrs)

Thursdays 6-6:45pm from Jan 18—Mar 29
\$30

Beginner Bootcamp

Thursday 7-8pm from Jan 18—March 29
\$50



*PHCA is always open to any future activity ideas.
Contact us via info@pacificheights.ca*